



MEDICAL ALERTS OFFER PEACE OF MIND AT HOME AND ON THE GO



Take peace of mind wherever you go with a medical alert from WH Security. We offer in-home and on-the-go solutions to help you or your loved ones stay independent.

Our **in-home** medical alert can be worn either on the wrist or around the neck and works with a single button. Fall detection pendants are also available, which automatically sense the action of a fall. When a fall is detected or the button is pressed, our 24/7 monitoring center will be alerted. Our in-home medical alert is ideal for homebound individuals. It offers:

- Round-the-clock assistance.
- A wireless system.
- Two-way voice communication.
- Choice of necklace or bracelet.
- Fall detection.

Our **on-the-go** medical alert works through cellular communication and is assisted by GPS and Wi-Fi location services. This allows the user to go almost anywhere as long as there is a signal available for the device to communicate the emergency. This solution includes:

- Round-the-clock assistance.
- Two-way voice communication.
- Fall detection.
- Water resistant – can be worn in the shower.
- Four-day battery life.

WH Security medical alerts are monitored 24/7 by WH International Response Center located in Rockford, MN who will quickly respond, contact the user and if necessary, dispatch emergency services to provide assistance.

SMART TECHNOLOGY FROM ALULA



WH Security offers smart technology security systems linked to fast-response alarm monitoring that can help you protect what matters most. Alula is a leading provider of smart security system products for homes and businesses. With a focus on providing innovative and intuitive security solutions, Alula has become a top choice for WH Security.

WH Security selected Alula's products because they are designed with the user in mind. They also offer a range of features such as remote system monitoring and alerts, which allow users to always stay informed about their property's security status. Another advantage of Alula's security systems is reliability. With state-of-the-art technology and a commitment to quality, Alula's products have been rigorously tested to ensure they can withstand the Midwest's extreme weather. This means that users can have peace of mind knowing their property is protected by a system that is designed to last.

At WH Security, our experts design and install custom home security systems just for you. Request your free quote today.

PROTECT YOUR PETS WITH MONITORED SENSORS



If you have pets, you likely consider them family. But your pets won't know what to do in case of a fire, break-in, or other emergency while you're not home.

WH Security's monitored smoke sensors automatically alert dispatchers, who will alert you and emergency services as soon as the sensors go off. Our monitoring center will send first responders to help get people and pets out of harm's way.

Monitored smoke sensors are a valuable asset when it comes to home safety, especially since your security system doesn't need to be armed for them to work. Plus, add-ons such as smoke and carbon monoxide sensors do not increase the cost of your monthly monitoring. For the small cost of installing these devices, you, your home, and your pets can be protected from many potential environmental hazards for as long as you have your system professionally monitored. Plus, pets do not pose any risk of setting off these sensors accidentally.

Here are some fire safety tips for pets from the American Humane Society:

- Keep pets away from candles, lamps, and space heaters.
- Have a 'pet-free zone' of at least three feet around the fireplace.
- Don't let your pets chew on electrical cords.
- Consider placing a decal in your home's front window that alerts first responders to pets in your home.
- Keep the tags on your pet's collar updated so if they get loose during an emergency situation, they are more easily reunited with you.

WH Security also offers motion sensors and glass break sensors to protect your home and pets from break-ins. The best way to find the custom solution that works for your home, family, and pets is to have a WH Security representative out to your home. We will design a system that is right for you, with the level of protection you need. Rest a little easier knowing that WH Security is looking out for you – and your pet, too. Contact us today to schedule your free quote!

UPDATE YOUR CONTACT INFORMATION

Please keep your contact information updated so we can reach you in case of an alarm – including your phone number, email address, and your emergency contact list. To update yours, please call us at 763.477.3664.



HOT CHOCOLATE AND TOPPING BAR

Hosting a party this winter? Check out this hot chocolate recipe and toppings bar that is fun for the whole family!

Hot chocolate recipe by Celebrating Sweets.

Ingredients

- 4 cups milk (preferably whole or 2%)
- ¼ cup unsweetened cocoa powder
- ¼ cup granulated sugar
- ½ cup bittersweet or semisweet chocolate chips or chopped chocolate bar.
- ¼ teaspoon pure vanilla extract

Instructions

Place milk, cocoa powder, and sugar in a small saucepan. Heat over medium-low heat, whisking frequently, until warm (but not boiling). Add chocolate chips and whisk constantly until the chocolate chips melt and distribute evenly into the milk. Whisk in vanilla extract and serve immediately.

Topping suggestions

- Sprinkles
- Crushed peppermint
- Toasted coconut
- Chocolate shavings
- Crushed white chocolate pieces
- Candy canes
- Cinnamon sticks
- Grated cinnamon
- Whipped cream
- Chocolate sauce
- Marshmallows