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STAYING SAFE THIS WINTER

Winter in Minnesota brings cold temperatures and winter storms which can lead to many types of dangers. Being prepared can help prevent injury and damage to yourself, your home, and pets. Here are some tips and reminders to help you stay safe this winter.



PERSONAL SAFETY

- Protect yourself from frostbite and hypothermia.
 - » Wear a wind resistant jacket, light warm layers, mittens, a hat, scarf, and waterproof boots.
- Prevent slips and falls.
 - » Sprinkle cat litter, sand, and/or pet safe ice melt.
 - » Work slowly when doing outdoor chores.
 - » Wear shoes and boots with good traction.
 - » Walk carefully with short steps.

HOME SAFETY

- Make sure your heat is left on and set no lower than 55 degrees.
- Be sure you have working carbon monoxide (CO) detectors and smoke detectors. Test the batteries monthly and replace them twice a year.
- Never use a gas range or oven to heat your home.
- Never use a generator inside your home.
- Learn the symptoms of CO poisoning: headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion.

DRIVING SAFETY

- Winterize your vehicle.
- Check road conditions before you leave at 511mn.org.
- Wear your seatbelt.
- Increase following distance.
- If you crash, steer your vehicle off the roadway and stay inside your vehicle.

PET SAFETY

- Keep sidewalk salt away from paws and wash off any your pet encounters.
- If it is too cold for you, it is probably too cold for your pet so keep them indoors when possible.
- Offer extra food and water. Pets that spend time outdoors use extra energy to stay warm.
- Don't leave pets in cars. They can hold in cold air and put your pet at risk.

CHAT WITH US

Get safety tips and learn about our latest promotions.



FACEBOOK.COM/WHSEC/
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MAINTAIN INDEPENDENCE WITH MEDICAL ALERTS

Medical alerts help maintain independence, while providing peace of mind for your loved ones as they quickly alert emergency personnel of a medical situation. WH Security offers different communication options to meet your needs.

Our in-home medical alert solutions can be worn either on the wrist or around the neck and contain a single button. Fall detection pendants are also available, which automatically sense the action of a fall. When a fall is detected or the button is pressed, our 24/7 monitoring center will be alerted.

LOCAL MONITORING BY QUALIFIED OPERATORS

Security systems installed by WH Security are monitored locally by the WH International Response Center (WHIRC), which is a leading national central station monitoring partner.

WHIRC has received a “TMA Five Diamond Monitoring Center” designation for the past 19 years. It is granted annually to monitoring centers that satisfy the requirements of the “five points of excellence.” These are:

1. Commitment to ongoing job-related education and testing by having 100% of its monitoring center operators certified using the TMA online training series on industry best practices.
2. Commitment to random inspections and quality criteria standards by a nationally recognized testing laboratory such as FM Approvals, Intertek/ETL and UL.
3. Commitment to raising the industry standards through TMA membership and participation in its activities.
4. Commitment to reducing false dispatches.
5. Commitment to the highest levels of customer service.

The TMA Five Diamond designation means that a monitoring company has demonstrated an exceptionally high degree of responsibility to their businesses and customers. Fewer than 200 of the approximately 2,700 monitoring centers in the United States have achieved the Five Diamond designation.

To learn more about WHIRC, visit <https://bit.ly/WHsmonitoring>.

IN-HOME



- ✓ 2-way voice communications
- ✓ 4G LTE Cellular
- ✓ 4-day battery backup
- ✓ Wristband or pendant options
- ✓ Fall detection (available)*

ON-THE-GO

- ✓ 2-way voice communications
- ✓ 4G GPS and Wi-fi location services
- ✓ 4-day battery life and charging cradle
- ✓ Fall detection (available)*



*Fall detection pendants have a one-time fee of \$100.

Our on-the-go medical alert solution is powered by GPS technology with Wi-Fi location services, allowing you to go almost anywhere and be confident that if you need it, help is just a push of a button away. This solution includes fall detection. The unit is water resistant and has up to a 4-day battery life.

For more information on medical alerts, call us at 763.477.3664 or visit our website at wh-security.com.